



Beaver Nation News

St. Edward Public Schools

MARCH 2023

BEAVER NATION NEWS

Printed by
Educational Service
Unit 7

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From the Superintendent's Desk

It is hard to believe that there are just a few days left in the third quarter of this 2022-2023 school year. I believe our students are growing and learning each day as we have a staff that works with the best interests of students first and foremost each day. I would like to personally thank the parents for, what I understand to be, a record-breaking turnout for parent/teacher conferences. We had a 100% turnout in some of our elementary grades and 87% overall turnout for Pre-school – 12 grade spring conferences. Thank you for your amazing support of your students, the school, and for all of the hard work you invest in your student's education.

I would like to again thank the parents for adhering to our safety guidelines when picking up and dropping off your students at the school. I understand there are some concerns with the process as it is creating some congestion between the 700 and 800 blocks along Clark Street. I have been reevaluating the process and working on, what I hope to be, a new and improved plan to begin the 2023-2024 school year. The purpose of a consistent plan for student pick-up and drop off is for the highest level of student safety.

The winter sports seasons will be coming to a close the first week, and track season has officially started with practices underway. I would like to congratulate all coaches and participants for the success they experienced and the positive learning experiences they encountered during their seasons. I am looking forward to our track athletes, coaches, and spectators representing St. Edward Schools with a greatest competitive spirit and excellent sportsmanship that I have witnessed during this 2022-2023 school year.

A few dates in March to mark on your calendar for planning purposes include: March 8th which is the end of the third quarter and a 1:30 dismissal day for students; No School on March 9th and 10th for Spring Break; Remember, Daylight Saving Time starts on Sunday the 12th .

If you have any questions on these dates, please do not hesitate to contact the office.

Thank you for your time, and make March a great month.

SPELLING BEE COMPETITION

St. Edward Spelling Bee Participants

The Boone County Spelling Bee was held January 25 at Boone Central Activity Gym. Those participating from St. Edward were:

Back Row: Max Kula, Zaiden Huesman, Noah Ketelsen, Andrew Foshee, Calvin Sindelar, and Nathan Fitzsimmons.
Front: Isabelle Laska, Payton Matchett and Payton Kula.

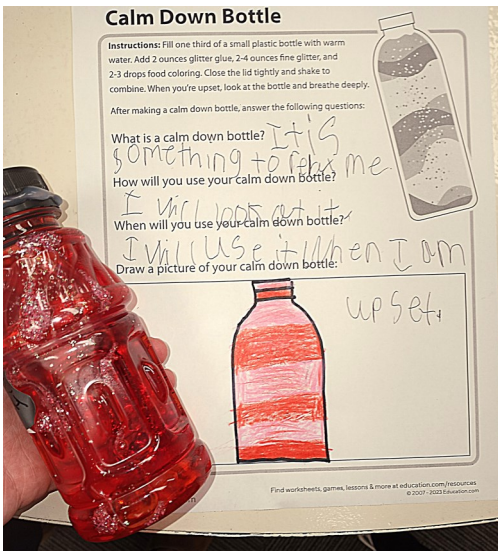


5th Grade students and classroom teacher Mrs. Osborn with their Valentines they made for residents at Cloverlodge Care Center.

St Edward Public School, Senior, Grace Tibor, participated in the UNK Festival Band on Monday, January 30th. Dr. Gary Davis, was the director for the Festival Band. Congratulations, Grace!



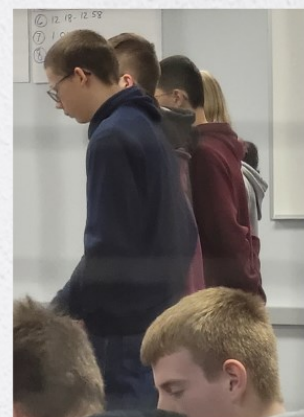
Elementary Students made Calming bottles for Valentines Day!



The Junior High and
High School Quiz
Bowl teams
competed at
Heartland Lutheran
High School.

QUIZ! BOWL

Toss up questions are
worth 5 points and
Bonus questions are
worth 15 points. The
JH team won 2 rounds
and lost 2 rounds. The
HS lost both of their
rounds.





Radio Quiz Bowl

The radio quiz bowl team defeated Niobrara in the first round and lost to Humphrey St. Francis in the 2nd round in a close (1-0) match.



SE

Explorers



We are a group of 8th-12th grade students who are exploring education through travel. In May of 2024, we will be traveling the Eastern Seaboard, Boston, New York City, Philadelphia, Washington D.C. This will be an incredible experience that will exceed the expectations of the students and parents. The lessons will resonate with the students and will provide lessons that will stick with them and help drive them wherever they go next.

Sponsor is Mrs. Tami Texley



*St. Edward Explorers
Flower Power Fundraiser*

*Check out our Personalized website by May 15th -
<http://StEdwardExplorers.fpfundraising.com>*

Contact Mrs. Tami Texley for More Information:

402-678-2282



MUSIC NEWS



1. **Wednesday, March 1—St Edward Band Day—**

Mr. Kevin McLouth from Northeast Community College will be here to work with the Band, Instrumental Solos and Small Groups.

2. **Wednesday, March 22 —Conference Music Contest —**

Greely TBA

(Parent Sponsor needed to go with us)

3. **Tuesday, April 11, 2023 6:30 p.m. Pre-Contest Concert**

7-12 Band, Choir, Solos, Small Groups St Edward Gym

4. **Friday, April 21 —District Music Contest**

- Norfolk High School TBA (Parent Sponsor needed to go with us)

5. **Saturday, May 6- Graduation 2pm** 7-11th grade Band Play

6. **Monday, May 8th 6:30 p.m. K-6 Spring Program -**



YEE-HAW!

A Rollicking Western
Adventure



Daily Learning Planner

*Ideas families can use to help children
prepare for school*

Title I Program

Educational Service Unit #7



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March • April • May 2023

March 2023

Daily Learning Planner: Ideas Families Can Use to Help Children Prepare for School—Try a New Idea Every Day!

- ☐ 1. Make it a point to introduce two new words at the dinner table tonight.
- ☐ 2. When your child asks a question you don't know the answer to, write it down. Keep a list of questions to look up together later.
- ☐ 3. Work on a jigsaw puzzle with your child.
- ☐ 4. Go to a nearby park or running trail. Everyone run like the March wind!
- ☐ 5. Talk to your child at eye level. Sit, squat, kneel or lie on the floor.
- ☐ 6. A nutritious breakfast helps kids learn. Start your child's day with a healthy breakfast at home or at preschool.
- ☐ 7. Read a story together. Stop in the middle and ask how your child would end it.
- ☐ 8. Demonstrate how long one minute is. Have your child guess how many times you will blink in one minute. Set a timer and count to find out!
- ☐ 9. Talk about colors today. What colors make your child think of spring?
- ☐ 10. Ask your child how the sun helps us. *Feeds plants, keeps us warm.* Can it harm us? *Sunburn.*
- ☐ 11. Cut a potato in half. Carve designs in each half. Let your child dip them in finger paint and press them onto paper to make prints.
- ☐ 12. Place light and heavy objects on the floor. Have your child blow on each one. Which blow away? Have your child make predictions.
- ☐ 13. Let your child choose a story to turn into a puppet show.
- ☐ 14. Play animal charades. Imitate an animal and have your child guess what you are pretending to be.
- ☐ 15. Divide a paper into squares. Write a number in each square. Have your child put the correct number of pieces of cereal in each square.
- ☐ 16. Make up trivia questions about your family. Quiz one another at the dinner table.
- ☐ 17. Ask your child to describe a happy memory.
- ☐ 18. Have a device-free day. Spend time playing outside as family instead.
- ☐ 19. Look through a magazine or catalog with your child for categories of things. Look for red things, then find green things.
- ☐ 20. A rebus is a story that replaces some words with pictures. Make a rebus with your child.
- ☐ 21. Assign a new chore that your child was not ready for last spring, such as setting the table.
- ☐ 22. Give "toasts" at dinner. Have each family member honor another.
- ☐ 23. Teach the meanings of the words *forward*, *backward*, *low* and *high* by jumping with your child.
- ☐ 24. Celebrate your child's accomplishments with a "can-do" list. "Jamie can: run, count to 10, zip up a coat." Update the list regularly.
- ☐ 25. Put clues around the house to help your child find a treat. Make each clue a drawing that leads to the next.
- ☐ 26. Ask your child to look outside three times today and describe the weather with words such as *sunny*, *cloudy* or *rainy*.
- ☐ 27. Use your hands and feet to make music together. Clap, stomp, snap and tap.
- ☐ 28. Give your child three pictures that show different steps in a process. Ask, "Which came *first*, *second*, *last*?"
- ☐ 29. Read your child a story that rhymes.
- ☐ 30. Ask your child to place an item on the table, *beneath* the table, *next to* the table and *in front of* the table.
- ☐ 31. Look at the trees together and listen. Are the birds coming back?

April 2023

Daily Learning Planner: Ideas Families Can Use to Help Children Prepare for School—Try a New Idea Every Day!

- ☐ 1. Teach your child the rhyme: "April showers bring May flowers." Draw a picture of rain and flowers together.
- ☐ 2. Exercise with your child today. Try to touch your toes, do sit-ups, run in place or stretch your arms and legs.
- ☐ 3. Drop paint onto paper with a spoon. Let your child turn the paper different ways to make designs.
- ☐ 4. Read some funny poems aloud. Stop to let your child guess what the next rhyming word will be.
- ☐ 5. Help your child do something nice for someone else today.
- ☐ 6. Talk about feelings. Have your child give examples of actions or words that make people feel *happy*, *sad* or *mad*.
- ☐ 7. Take a walk with your child. Point out things you don't usually notice, such as a pattern in tree bark or reflections in windows.
- ☐ 8. Join your child for a few minutes of pretend play today. If your preschooler wants to be the doctor, you pretend to be the patient.
- ☐ 9. Tell your child about a family tradition you enjoyed as a child. Recreate the experience together.
- ☐ 10. Emphasize the concepts of *now* and *later*. Say, "Now we'll clean up. Later we'll eat dinner."
- ☐ 11. Read a story aloud and ask your child to illustrate it.
- ☐ 12. Talk with your child about things students do in kindergarten.
- ☐ 13. Teach your child about taste opposites. For *sweet* versus *sour*, use sugar and a lemon. For *salty* versus *bland*, use pretzels and plain cooked rice.
- ☐ 14. Sing a silly song with your child today.
- ☐ 15. Children love to collect things they find in nature. Help your child find a good place to keep a nature collection.

- ☐ 16. Does your child need new books? Organize a neighborhood book swap.
- ☐ 17. Play "school" with your child. Take turns being the teacher.
- ☐ 18. Allow your child to use an adult tool, with your supervision. A flashlight is a great tool for beginners.
- ☐ 19. Practice saying the names of the months with your child.
- ☐ 20. Glue a picture onto cardboard. Punch holes in the picture. Have your child thread a shoelace through the holes.
- ☐ 21. Draw a hopscotch pattern on the sidewalk with chalk. Show your child how to hop through the pattern.
- ☐ 22. Have a 20-minute DEAR time (Drop Everything And Read).
- ☐ 23. Plan a week of ethnic meals. Each night, try a food from a different culture.
- ☐ 24. Create a costume box for your child from yard sale treasures, such as scarves and big shirts.
- ☐ 25. With your child, look at a tree in your neighborhood. Talk about how it has changed in the last few weeks.
- ☐ 26. Ask your child questions that require more than a yes or no answer: "What was your favorite part of the story?"
- ☐ 27. Go outside with your child and blow bubbles today. Try to catch one without breaking it.
- ☐ 28. Talk with your child about different types of reading materials. Fairy tales, mysteries, biographies, nonfiction, etc.
- ☐ 29. Play Follow the Leader with your child.
- ☐ 30. Have your child name five healthy foods that help kids grow and two foods that taste good but are not healthy.

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May 2023

Daily Learning Planner: Ideas Families Can Use to Help Children Prepare for School—Try a New Idea Every Day!

- ☐ 1. Ask your child whether it would be more fun to travel in a car, a train or an airplane. Why? Where would your child go?
- ☐ 2. Expect your child to pick up toys after play time. Turn on some clean-up time music!
- ☐ 3. Give your child a hug and say "I love you."
- ☐ 4. Help your child pour uncooked rice or water from one container to another.
- ☐ 5. In the grocery store, ask your child to look for foods that are purple.
- ☐ 6. It's Physical Fitness and Sports Month. Look for a new physical activity you can enjoy together as a family.
- ☐ 7. Set a goal for the day with your child. Make reaching it as fun as possible.
- ☐ 8. Help your child name each of the five senses and what people use them for.
- ☐ 9. Experiment with shadows. Where should you and your child stand in relation to the sun to see your shadows?
- ☐ 10. Spray shaving cream on a plate and let your child draw in it. This gets fingers ready to write letters.
- ☐ 11. Make a list with your child of five things to do during a rainstorm.
- ☐ 12. Visit a playground where your child can run, jump and climb safely. These are important motor skills.
- ☐ 13. Plan an evening walk with your child. Watch the sun set.
- ☐ 14. Use a spoon as a ruler and see how many "spoons" tall your child is.
- ☐ 15. Write a letter of the alphabet on a piece of paper. Ask your child to draw things that begin with that letter.
- ☐ 16. Choose a book with lots of pictures. Have your child tell you the story based on the illustrations.

- ☐ 17. Promote family principles. Say things like "In our family we use kind words and we don't hit."
- ☐ 18. Call your local library (or check its website) and find out when the next children's event is. Mark it on the calendar and plan to attend.
- ☐ 19. Help your child practice counting all through the house. How many doors are there? Windows? Chairs?
- ☐ 20. Ask your child to problem-solve. "How can we get all these toys to fit in the basket?"
- ☐ 21. Go daytime camping in your backyard. Drape a sheet over chairs for a tent.
- ☐ 22. Together, look at your preschooler's reflection on the back of a spoon. How does it make your child appear?
- ☐ 23. Draw several items on paper. Ask your child to count them.
- ☐ 24. As you do errands, help your child talk with people you meet about the jobs they do.
- ☐ 25. Together, learn something new about a person your child admires.
- ☐ 26. Play catch with your child.
- ☐ 27. Help your child create a mini "store" with clothes and play money.
- ☐ 28. Go on a picnic with your child. After eating, stretch out on a blanket and read together.
- ☐ 29. Offer encouragement after a setback. "You are growing and learning a lot and I think you'll be ready to try again soon!"
- ☐ 30. Help your child practice cutting with safety scissors. Demonstrate how to cut in a straight line and then a curve.
- ☐ 31. When talking about your child, avoid complaining if there is even a chance that your child could overhear.

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Planificador para el aprendizaje

Ideas que las familias pueden usar para ayudar a los niños a prepararse para la escuela

Title I Program

Educational Service Unit #7



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Marzo • Abril • Mayo 2023

Marzo 2023

Planificador para el aprendizaje: Ideas que las familias pueden usar para ayudar a los niños a prepararse para la escuela

- ☐ 1. Procure enseñar dos palabras nuevas esta noche durante la cena.
- ☐ 2. Cuando su hijo le haga una pregunta que usted no sepa, escríbala. Lleve una lista de preguntas para buscar juntos más tarde.
- ☐ 3. Arme un rompecabezas con su hijo.
- ☐ 4. Vayan a un parque o sendero cercano. ¡Corran como el viento de marzo!
- ☐ 5. Hable con su hijo a su altura. Siéntese, arrodílese o acuéstese en el piso.
- ☐ 6. Un desayuno nutritivo ayuda a los niños a aprender. Comience el día de su hijo con un desayuno saludable en casa o la escuela preescolar.
- ☐ 7. Frene en la mitad de un cuento y pregúntele a su hijo cómo lo terminaría.
- ☐ 8. Demuestre cuánto dura un minuto. Dígame a su hijo que adivine cuántas veces parpadean en un minuto. ¡Ponga un cronómetro y cuenten!
- ☐ 9. Hablen de los colores. ¿Qué colores asocia su hijo con la primavera?
- ☐ 10. Pregúntele a su hijo cómo nos ayuda el sol. *Alimenta las plantas, nos da calor.* ¿Puede dañarnos? *Quemadura.*
- ☐ 11. Corte una patata a la mitad. Tallen diseños en cada mitad. Su hijo puede hacer sellos al mojarlos en pintura para dedos y presionarlos en papel.
- ☐ 12. Coloque objetos ligeros y pesados en el piso. Dígame a su hijo que prediga cuáles se volarán si los sopla, y luego lo verifique.
- ☐ 13. Deje que su hijo escoja una historia para representar con marionetas.
- ☐ 14. Jueguen a la charada de animales. Imite un animal y dígame a su hijo que adivine qué animal está fingiendo ser.
- ☐ 15. Divida un papel en cuadrados. Escriba un número en cada uno. Dígame a su hijo que coloque la cantidad correcta de cereales en cada cuadrado.
- ☐ 16. Invente preguntas de trivia sobre su familia. Traten de responderlas durante la cena.
- ☐ 17. Pídale a su hijo que describa un recuerdo feliz.
- ☐ 18. Tengan un día libre de aparatos electrónicos. Pasen el día jugando afuera en familia.
- ☐ 19. Mire una revista o un catálogo con su hijo y busquen categorías de cosas. Busquen cosas rojas, luego cosas verdes.
- ☐ 20. Un *pictograma* es una historia que reemplaza algunas palabras por imágenes. Haga un pictograma con su hijo.
- ☐ 21. Asígnele un quehacer nuevo a su hijo para el que no estaba listo la primavera pasada, tal como poner la mesa.
- ☐ 22. Hagan un "brindis" en la cena. Cada miembro familiar puede honrar a otro.
- ☐ 23. Dé saltos con su hijo para enseñarle el significado de las palabras *adelante, atrás, bajo y alto.*
- ☐ 24. Celebre los logros de su hijo con una lista de "cosas que puedo hacer". *"Javier puede: correr, contar hasta 10, abrocharse el abrigo".* Actualícenla.
- ☐ 25. Ponga pistas en la casa para ayudar a su hijo a encontrar un premio. Haga que cada pista sea un dibujo que conduzca a la próxima pista.
- ☐ 26. Dígame a su hijo que mire afuera tres veces hoy y describa el clima con palabras como *soleado, nublado o lluvioso.*
- ☐ 27. Usen las manos y los pies para hacer música juntos. Aplaudan, pisen fuerte, hagan chasquidos con los dedos y zapateen.
- ☐ 28. Dele tres imágenes a su hijo que muestren diferentes pasos de un proceso. Pregúntele, "¿Cuál va primero, segundo, tercero?"
- ☐ 29. Léale una historia que rime a su hijo.
- ☐ 30. Dígame a su hijo que coloque un artículo *sobre* la mesa, *debajo* de la mesa, *al lado* de la mesa y *en frente* de la mesa.
- ☐ 31. Observen juntos los árboles y escuchen. ¿Están regresando los pájaros?

Abril 2023

Planificador para el aprendizaje: Ideas que las familias pueden usar para ayudar a los niños a prepararse para la escuela

- 1. Enséñele a su hijo el dicho: "Las lluvias de abril traen las flores de mayo". Dibujen juntos una imagen de lluvia y flores.
- 2. Haga ejercicio con su hijo hoy. Traten de tocarse los dedos de los pies, hagan abdominales, corran en el lugar o estiren los brazos y las piernas.
- 3. Usen una cuchara para poner pintura en un papel. Deje que su hijo mueva al papel de diferentes maneras para hacer diseños.
- 4. Lea poemas chistosos en voz alta. Deténgase y deje que su hijo adivine cuál es la próxima palabra que rima.
- 5. Ayude a su hijo a hacer algo amable por alguien hoy.
- 6. Hablen de los sentimientos. Dígame a su hijo que dé ejemplos de acciones o palabras que lo hagan sentir *feliz*, *triste* o *enojado*.
- 7. Dé una caminata con su hijo. Señale las cosas que no suele notar, como un patrón en la corteza de un árbol o los reflejos en las ventanas.
- 8. Juegue con su hijo usando la imaginación. Si él quiere ser el doctor, finja que usted es el paciente.
- 9. Cuéntele a su hijo sobre una tradición familiar que usted disfrutaba cuando era niño. Recreen juntos la experiencia.
- 10. Haga hincapié en los conceptos de *ahora* y *más tarde*. Diga, "Ahora limpiaremos. Más tarde cenaremos".
- 11. Lea una historia en voz alta y dígame a su hijo que la ilustre.
- 12. Hable con su hijo de lo que hacen los niños en el jardín de infantes.
- 13. Enséñele a su hijo sobre los sabores opuestos. Para *dulce* y *ácido*, use azúcar y un limón. Para *salado* y *insípido*, use pretzels y arroz cocido solo.
- 14. Cante una canción chistosa con su hijo hoy.
- 15. A los niños les agrada coleccionar cosas que encuentran en la naturaleza. Ayude a su hijo a buscar un lugar para guardar su colección.

- 16. ¿Necesita su hijo libros nuevos? Organice un intercambio de libros en el vecindario.
- 17. Juegue con su hijo a la "escuela". Túrnense para ser el maestro.
- 18. Deje que su hijo use una herramienta para adultos, bajo su supervisión. Una linterna es una buena opción para principiantes.
- 19. Practique con su hijo el nombre de los meses.
- 20. Pegue una imagen en un cartón. Haga agujeros en ella. Dígame a su hijo que enhebre un cordón de zapatos en los agujeros.
- 21. Dibuje una rayuela con tiza en la acera. Muéstrela a su hijo cómo saltar por el patrón.
- 22. Hoy, dejen de hacer lo que están haciendo y lean 20 minutos en familia.
- 23. Planifiquen una semana de comidas étnicas. Cada noche, prueben una comida de una cultura diferente.
- 24. Haga una caja con disfraces para su hijo con ropa que encuentre en ventas de garaje, como bufandas y camisas grandes.
- 25. Mire un árbol en el vecindario con su hijo. Hablen sobre cómo ha cambiado en las últimas semanas.
- 26. Hágale preguntas a su hijo que requieran más que un *sí* o *no* para responderse: "¿Cuál fue tu parte favorita de la historia?"
- 27. Salga con su hijo y soplen burbujas. Traten de atrapar una sin que se explote.
- 28. Hable con su hijo sobre diferentes tipos de material de lectura. Cuentos de hadas, misterios, biografías, libros de no ficción, etc.
- 29. Juegue con su hijo a Sigue al líder.
- 30. Dígame a su hijo que nombre cinco alimentos saludables que ayuden a los niños a crecer y dos que sean sabrosos pero no sean sanos.

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Mayo 2023

Planificador para el aprendizaje: Ideas que las familias pueden usar para ayudar a los niños a prepararse para la escuela

- 1. Pregúntele a su hijo si sería más divertido viajar en carro, en tren o en avión. ¿Por qué? ¿Adónde iría?
- 2. Espere que su hijo guarde los juguetes después de jugar. ¡Ponga música mientras ordenan!
- 3. Dele un abrazo a su hijo y dígame "Te quiero".
- 4. Ayude a su hijo a verter arroz crudo o agua de un contenedor a otro.
- 5. En el supermercado, dígame a su hijo que busque comidas que sean color púrpura.
- 6. Hoy es el Día de la Aptitud Física y el Deporte. Busque una actividad física que puedan disfrutar en familia hoy.
- 7. Establezca una meta para el día con su hijo. Hagan que alcanzarla sea divertido.
- 8. Ayude a su hijo a nombrar los cinco sentidos y para qué usamos cada uno.
- 9. Experimenten con las sombras. ¿Dónde deberían pararse en relación con el sol para ver sus sombras?
- 10. Coloque crema de afeitar en un plato y deje que su hijo dibuje en ella. Esto ayuda a preparar los dedos para escribir letras.
- 11. Hagan juntos una lista de cinco cosas para hacer en un día de lluvia.
- 12. Visite un patio de juegos donde su hijo pueda correr, saltar y trepar de manera segura. Estas habilidades motrices son importantes.
- 13. Planifique una caminata con su hijo a la tarde. Miren la puesta del sol.
- 14. Use una cuchara de regla y vean cuántas "cucharas" mide su hijo de alto.
- 15. Escriba una letra del alfabeto en una hoja de papel. Dígame a su hijo que dibuje cosas que comiencen con esa letra.
- 16. Escoja un libro con muchas imágenes. Dígame a su hijo que le cuente la historia basándose en las ilustraciones.

- 17. Promueva los principios de su familia. Diga cosas como "En nuestra familia usamos palabras amables y no pegamos".
- 18. Llame a la biblioteca local (o mire el sitio web) para buscar cuándo es el próximo evento para niños. Márquelo en el calendario y planifiquen ir.
- 19. Ayude a su hijo a practicar cómo contar por toda la casa. ¿Cuántas puertas hay? ¿Ventanas? ¿Y sillas?
- 20. Pídale a su hijo que resuelva un problema. "¿Cómo podemos hacer que todos estos juguetes entren en la cesta?"
- 21. Acampen un día en el jardín de su casa. Extienda una sábana sobre unas sillas para improvisar una tienda de campaña.
- 22. Juntos, miren el reflejo de su hijo en el dorso de una cuchara. ¿Cómo aparece su hijo?
- 23. Dibuje varios artículos en un papel. Pídale a su hijo que los cuente.
- 24. Cuando haga los mandados, ayude a su hijo a hablar con las personas que vean sobre los trabajos que realizan.
- 25. Aprendan juntos algo nuevo sobre una persona a la que su hijo admire.
- 26. Juegue con su hijo al corre que te pillo.
- 27. Ayude a crear una "tienda" miniatura con ropa y dinero de mentira.
- 28. Haga un picnic con su hijo. Después de comer, estiren una manta y lean juntos.
- 29. Anime a su hijo después de un revés. "Estás creciendo y aprendiendo mucho. ¡Creo que estarás listo para intentarlo de nuevo pronto!"
- 30. Ayude a su hijo a practicar cómo cortar con tijeras de punta redonda. Muéstrela cómo cortar una línea recta y luego una línea curva.
- 31. Cuando hable sobre su hijo, evite quejarse si hay una mínima posibilidad de que él pueda escucharlo.

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KEEPING THE ROUTINE

is important even during Spring Break

Since changes in routine can be stressful, it will be helpful to talk with your kids about why they are staying home on Spring Break and what your daily structure will be during this time. Let your students help create a daily schedule that can hang somewhere they can see it each day.



Wake up, get dressed, and have breakfast at the normal time.

Schedule time for nutritious lunches and snacks.



While homework is not sent home during spring break, there are ways to keep learning. Students can practice math facts for ten minutes a day. Make a game with flash cards of sight words, past spelling words, and vocabulary to keep them in practice.



Make time to read at least 20 minutes each day. This continued their typical schedule while also getting the practice they need to continue to succeed during school

Afternoon breaks are important! Ramp up break time during Spring Break; get outside, go for a walk, draw, read, etc.



Have dinner together as a family and discuss the day. Enjoy more family time in the evenings, playing, reading, watching a movie or exercising together.

Stick with normal bedtime routines as much as possible during the week to make sure everyone gets enough sleep.



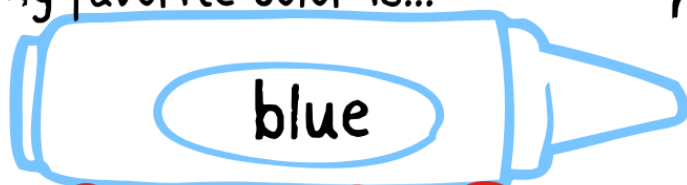
Try not to have the news on all day. It is best not to have the news on while kids are in the room as it can increase their fear and anxiety (and yours!).

In addition, if any student is behind on their NTI packets, this would be a great time to catch up! Happy Spring Break!

Preschool **ALL** about **ME!**

by: Johnny Lucbbe

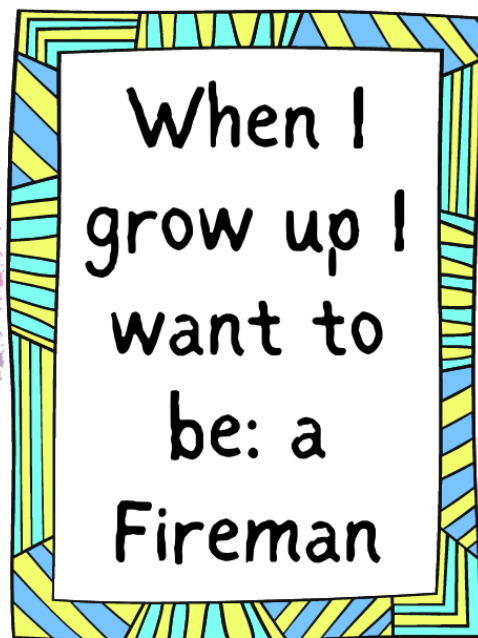
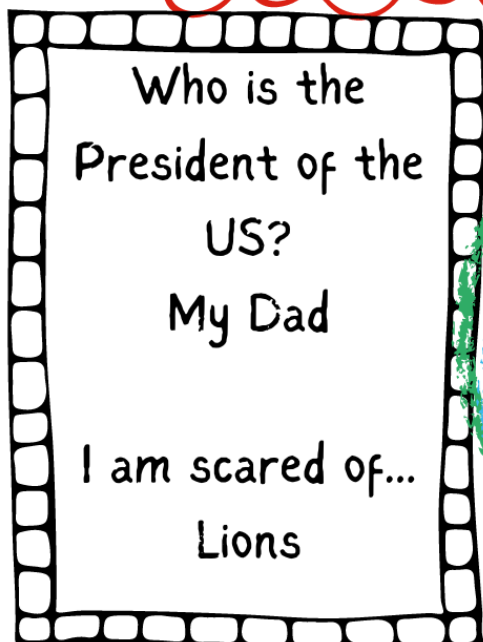
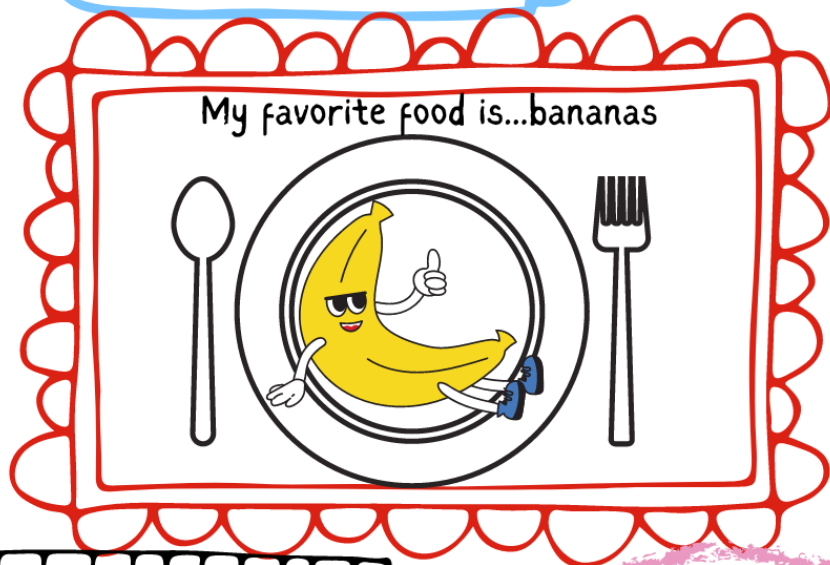
My favorite color is...



This

is

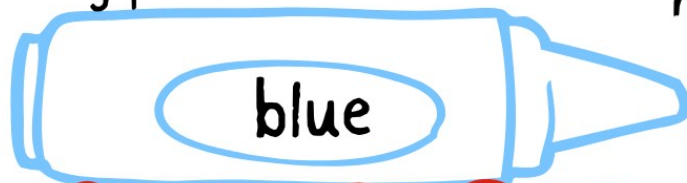
me!



Preschool **ALL** about **ME!**

by: Addison Peters

My favorite color is...



My favorite food is...ice cream



This
is
me!



My Birthday
is....July 1st 2018



I am scared of... Monsters

When I grow up I
want to be: an
astronaut

Payton Fitchner



Birthday: November 21st, 2004

Family: David (dad) Crystal (mom) Parker (brother) Paisley (sister) Remi (dog)

Activities: One Act, Cross Country, Track, Speech, National Honors Society, FFA, Yearbook, Student Council

Favorite Song: Replay by Zendaya

Favorite Artist: Zendaya

Favorite Book: Circe by Madeline Miller

Favorite Movie: Hunger Games by Suzanne Collins

Favorite Food: Chinese food

Favorite Color: Purple

Favorite Class: Calculus with Mrs. Tenski

Favorite School Memory: Winning State Speech

One word to describe me: Sussy

Plans after High School: Go to college and major in English Education.

10 Years from Now: I will be 28 years old and hopefully be working and coaching at a highschool. I also will have a couple dogs and a cat.

GRACE TIBOR



Birthday: 10/19/04

Family: Kristen (mother), James (step-dad), Jo (sibling), Claire (sibling), Eleanor (sibling), Jason (father), Ashley (step-mom), Ruby (sibling)

Activities: Speech, One Act, Quiz Bowl, Student Council, Chess Club, Band, Choir, NHS

Favorite Song: Without You by NCT U

Favorite Artist: NCT and Bad Bad Hats

Favorite Book: Any book by Rick Riordan

Favorite Movie: Thor: Ragnarok or The Ritual

Favorite Food: Chicken Alfredo with broccoli

Favorite Color: Sage Green

Favorite Class: Mrs. Tenski's class

Favorite School Memory: Doing chess club with Gracie and Isaac

One word to describe me: Funny, I guess

Plans after High School: To leave Nebraska and study astrophysics

**10 Years from Now: I hope I'm rich and live in the nice part of Edina, Minnesota.
Maybe I'll just become
a hermit that lives in a cabin in the forest. Who knows?**



FCCLA WEEK

The St. Edward FCCLA held a Fun/Game time for grades Kindergarten through 6th grade on Thursday, February 16th in conjunction with FCCLA week. Students had access to many different board games, toilet paper toss, bowling down pins, Ping-Pong ball toss, Corn Hole, dancing, shooting baskets and many other games. All students were treated to popcorn and candy.

The members of the St. Edward FCCLA were in charge of all the games and food. The entire afternoon was a huge success with everyone being very satisfied and happy. Participating members were: Madison Camp, Ryder Beekman, Kalvin Sindelar, Kaylee Applegarth, Korina Bittner, Katelyn Werts, Caden Shotkoski-Roan, Bristol Laska, Alexa Strain, Colton Funkhouser.



FCCLA WEEK





988
SUICIDE
& CRISIS
LIFELINE

There is hope

Talk with us. If you or someone you know needs support now, call or text 988 or chat 988lifeline.org



PEP22-06-03-004

5 Minute Mental Health Checklist:

- | | |
|--|---|
| Have I eaten regular meals?
 | Have I spent time outside in fresh air?
 |
| Have I showered?
 | Have I connected with someone I love?
 |
| Have I been comparing my real life to other people's highlight reel?
 | Have I moved my body today?
 |
| Am I getting enough sleep?
 | Have I been thinking kind thoughts to myself?
 |
- @georgiethenaturopath



Benefits of Empathy

1 Stress Management

2 Improves Communication

3 Supports Moral Behavior

4 Improves Working Environment

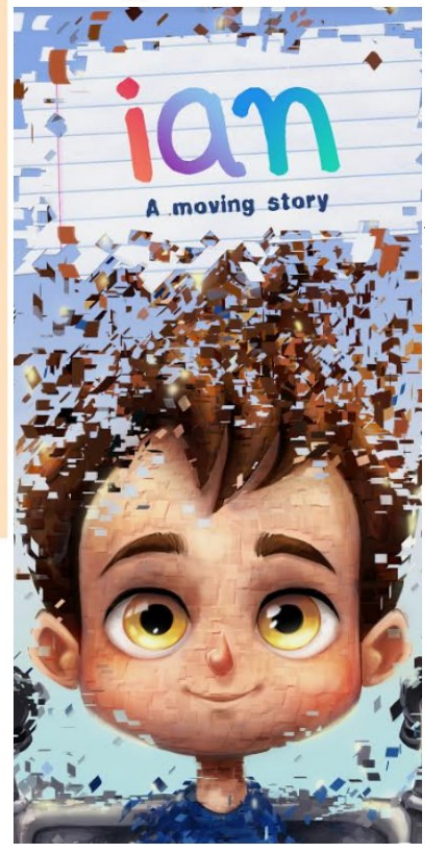
5 Boosts Social Behavior

6 Introduces a positive attitude

Empathy is like feeling the sufferings of another person

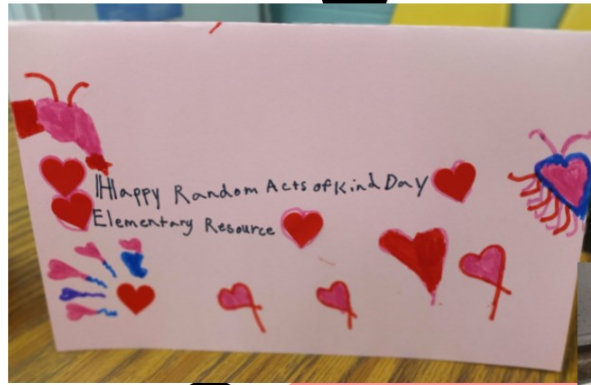
Ways to Be Empathetic towards Your Loved Ones

- Be a good listener
- Acknowledge emotions
- Don't expedite the conversation
- Replicate
- Show concern
- Don't be judgmental
- Extend Help

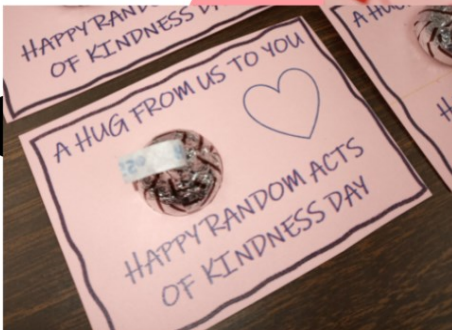
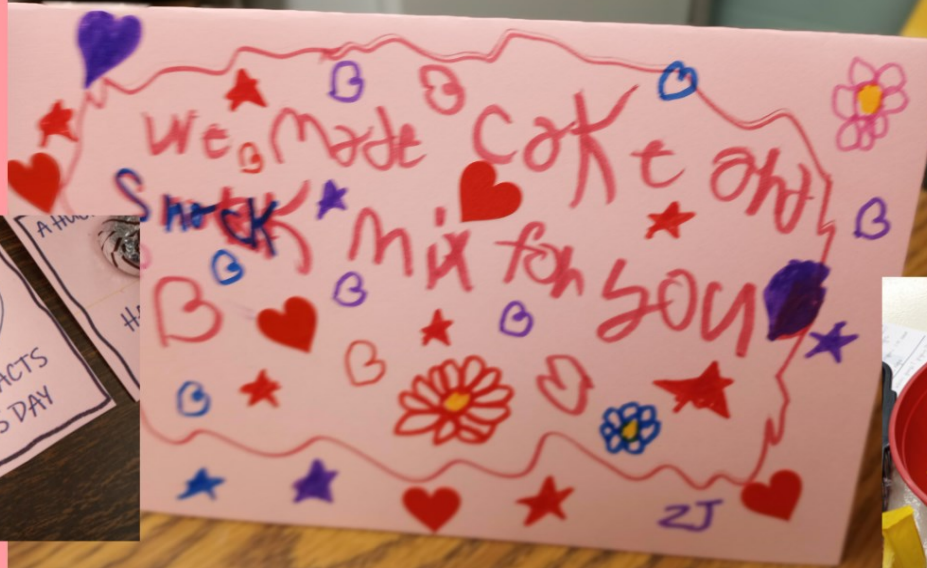


Please Watch this Animated Short "Ian"



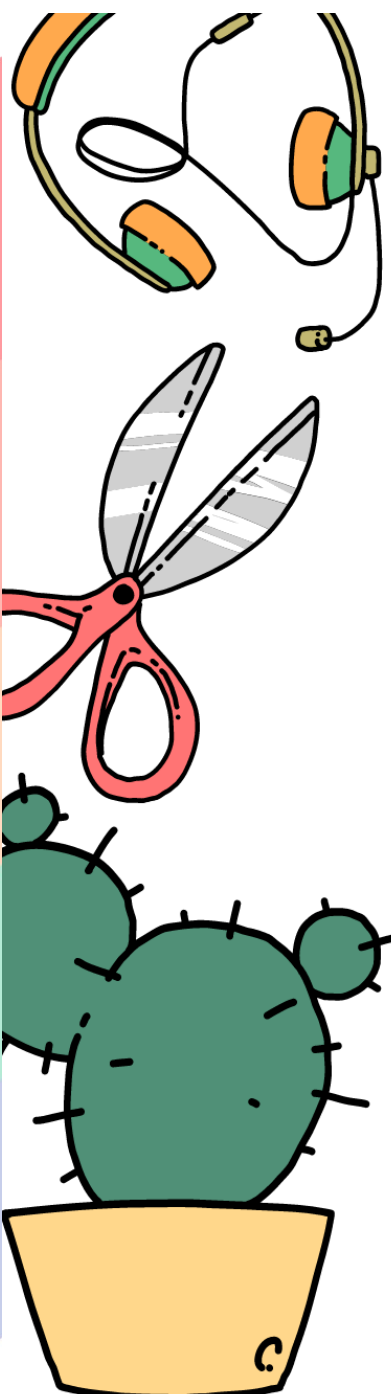


RANDOM ACTS OF KINDNESS DAY



RANDOM ACTS OF KINDNESS DAY WAS CELEBRATED BY ELEMENTARY STUDENTS ON FRIDAY, FEBRUARY 17TH. A CAKE AND SNACK MIX WERE MADE BY THE STUDENTS AND "HUGS" WERE GIVEN TO EACH ELEMENTARY STUDENT AND ALL OF THE FACULTY.





COMPLETE THE FOLLOWING CLICHES BY USING THESE FOOD ITEMS

1. American as
2. Brown as
3. Cool as
4. Flat as
5. Nutty as
6. Red as
7. Soft as
8. Sweet as
9. Thick as
10. Warm as
11. Wrinkled as

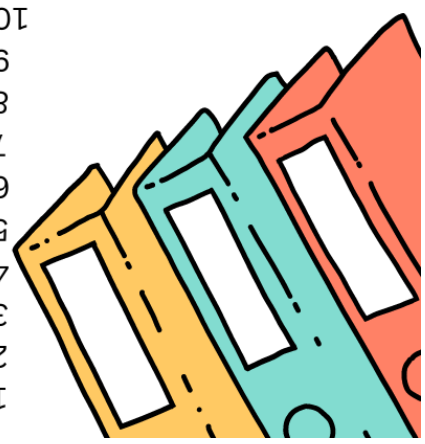
1. Billiard Ball
2. a house
3. an old shoe
4. a whistle
5. a button
6. a post
7. a kite
8. a dishrag
9. a pin
10. a picture
11. sandpaper
12. a tack
13. silk
14. velvet
15. a board
16. a drum
17. a rake/toothpick
18. nails/shoe leather



COMPLETE THE FOLLOWING CLICHES BY USING THESE ITEMS FOUND AROUND A HOUSE

1. Bald as
2. Big as
3. Comfortable as
4. Clean as
5. Cute as
6. Deaf as
7. High as
8. Neat as
9. Pretty as
10. Rough as
11. Sharp as
12. Smooth as
13. Soft as
14. Stiff as
15. Tight as
16. Tough as

1. Apple Pie
2. a berry
3. a cucumber
4. a pancake
5. a fruitcake
6. a beet/lobster
7. honey/sugar
8. pea soup
9. toast
10. a prune



MARCH BIRTHDAYS

5TH CYNDEE MERRELL

6TH RANDY VASQUEZ

7TH JACOB REEVES

9TH HENRY CRUISE

11TH SHINEL JUSTUS

12TH TREVIN MOWREY

15TH RYAN CUMMING

17TH OLIVIA REARDON

26TH COLE JOCHEM

31ST VICTOR LAGUNES



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

			FFA CHAPTER MEETING 1 3:45	FAMILY LITERACY NIGHT 2 4:00-5:00PM	Fish Fry 5:00 -7:00	3	4
5	SPEECH DISTRICTS @ HUMPHREY	6	1	8 <i>Sophomore Career Fair at CCC</i>	NO SCHOOL	9	11
12		13	14	15 END OF 3RD QUARTER	16	STATE SPEECH 17 PLATTE VALLEY ACADEMY VISIT Varsity Track at Concordia 4:00pm	18
19		20	21 ACT-Juniors	22 CONFERENCE MUSIC	23 Varsity Track at Loup City-11:00	24	PROM 25
26	1:30 DISMISSAL	27	28	29 STATE FFA	30 WAYNE STATE REP-11AM	31 Varsity Track at Osceola-9:00am Fish Fry 5:00 -7:00	STATE FFA

St. Edward Public Schools

P.O. Box C
St. Edward, NE 68660-0138

Phone: 402-678-2282
Fax: 402-678-2284

Web Page:

<http://www.stedpublicschool.org>

St. Edward Beavers Public School on Facebook

Upcoming Events:

March 8th-Early Dismissal

**MARCH 9th and 10th-
NO SCHOOL-Spring Break**

March 27th- Early Dismissal

VIEW OUR NEWSLETTER IN COLOR ON OUR WEBSITE!

THANK YOU PARENTS FOR ATTENDING PARENT-TEACHER CONFERENCES! 87% OF OUR STUDENTS WERE REPRESENTED AT CONFERENCES! SOME ELEMENTARY CLASSROOMS HAD 100% PARENT ATTENDANCE! AWESOME JOB PARENTS/TEACHERS/STUDENTS!

St. Edward Public Schools

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